WHAT IS CLAIMED IS:

1. A bicycle seat post comprising:

5

- a cylindrical body including a reinforcement rib located diametrically in the body so as to form two spaces separated by the reinforcement rib.
- 2. The seat post as claimed in claim 1, wherein two grooves are defined in an outer surface of the body and located a longitudinal direction of the body.
- 3. The seat post as claimed in claim 2, wherein the two grooves and the reinforcement rib share a common plan.
 - 4. The seat post as claimed in claim 1, wherein the body is composed of two parts and each of the two parts is an elongate tube with semi-circular configuration.
- 5. The seat post as claimed in claim 1, wherein the body is composed of a board and two curve plates between which the board is located.